

# ANCHOR AQUATICS Inc.

## CHAPEL GROVE

### SWIM TESTS & AGE GUIDELINES

#### **NON-SWIMMERS**

- A non-swimmer is anyone under the age of 16 who is not able to pass the swim test.
- Non-swimmers may not come to the pool without adult supervision.
- When using the pool the guardian must be engaged and within arm's reach of their non-swimmer.
- Non-swimmers who are not adequately supervised by a responsible adult will be asked to exit the water for the safety of the non-swimmer.

#### **SWIM TESTS**

- Standard swim test:
  - Swim one long length of the pool
  - Tread water for one minute in the deep end of the pool
- Anchor Aquatics will supply wrist bands to members and guests that pass the swim test.
- The wrist band should be worn with every pool visit.
- A swim test log is kept in the guard office with test date, swimmer name, and guard name.
- Swimmers will have to re-take the swim test if the wrist band is forgotten. A temporary or replacement band will be supplied as appropriate.
- Swimmers who are found sharing their bands will be asked to exit the water.

#### **AGE RESTRICTIONS / COMING TO THE POOL ALONE**

- **Children under 10:** must be accompanied by an adult
- **Age 10 – 15:** must pass the swim test to come to the pool unsupervised
- An adult is a responsible person **age 16 or older**

**ULTIMATELY THE PARENT/GUARDIAN IS ALWAYS RESPONSIBLE FOR THE SAFETY OF THEIR CHILDREN.**